

# Cookie Nutrition Facts

Tate's Bake Shop works closely with vendors and suppliers to insure only the freshest and finest ingredients go into our award-winning craft-baked desserts. We do not include any preservatives, so everything we bake tastes as close to homemade as possible. Allergy Information: All Tate's Bake Shop products are manufactured in a facility that processes milk, eggs, wheat, soy and tree nuts. Gluten free cookies are manufactured in a dedicated gluten free facility that processes milk, eggs, soy, and tree nuts. Our cookies are certified OUD Kosher.

**BUTTER CRUNCH COOKIES**

**Nutrition Facts**  
7 servings per container  
Serving Size 2 cookies (28g/1oz)

Amount per serving	Calories	% Daily Value*
	<b>140</b>	
Total Fat 7g		8%
Saturated Fat 4g		20%
Trans Fat 0g		
Cholesterol 30mg		9%
Sodium 200mg		9%
Total Carbohydrate 18g		7%
Dietary Fiber 0g		0%
Total Sugars 11g		
Includes 11g Added Sugars		22%
<b>Protein 2g</b>		
Vit. D 0.1mcg 0%	Calcium 20mg 0%	
Iron 0.7mg 4%	Potas. 40mg 0%	

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** Unbleached flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, malted barley flour), Brown cane sugar, Butter, Tallow (palm, buttic, olive sperm, soy lecithin, salt), Eggs, Natural vanilla flavor, Sea salt, and Baking soda.

Contains Milk, Eggs, Wheat, and Soy.  
Manufactured in a facility that processes tree nuts.

**DISTRIBUTED BY: TATE'S BAKE SHOP**  
43 NORTH SEA RD. SOUTHAMPTON NY 11968  
631-780-6511 WWW.TATESBAKESHOP.COM

**MADE IN THE U.S.A.**

**CHOCOLATE CHIP COOKIES**

**Nutrition Facts**  
7 servings per container  
Serving Size 2 cookies (28g/1oz)

Amount per serving	Calories	% Daily Value*
	<b>140</b>	
Total Fat 7g		9%
Saturated Fat 4.5g		22%
Trans Fat 0g		
Cholesterol 25mg		6%
Sodium 160mg		7%
Total Carbohydrate 15g		7%
Dietary Fiber less than 1g		2%
Total Sugars 12g		
Includes 12g Added Sugars		24%
<b>Protein 2g</b>		
Vit. D 0.1mcg 0%	Calcium 10mg 0%	
Iron 0.8mg 0%	Potas. 50mg 0%	

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** Semi-sweet chocolate chips (sugar, chocolate liquor, cocoa butter, milk fat, soy lecithin (an emulsifier), vanilla, natural flavor), Unbleached flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, malted barley flour), Butter, Cane sugar, Brown cane sugar, Eggs, Baking soda, Salt, and Natural vanilla flavor.

Contains Wheat, Milk, Eggs and Soy.  
Manufactured in a facility that processes tree nuts.

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**COCONUT CRISP COOKIES**

**Nutrition Facts**  
7 Servings Per Container  
Serving Size: 2 cookies(1oz/28g)

Amount Per Serving	Calories	% Daily Value*
	<b>150</b>	
Total Fat 10g		13%
Saturated Fat 7g		34%
Trans Fat 0g		
Cholesterol 15mg		6%
Sodium 70mg		3%
Total Carbohydrate 15g		6%
Dietary Fiber 1g		0%
Total Sugars 9g		
Includes 9g Added Sugars		18%
<b>Protein 1g</b>		
Vitamin D 0.1mcg		2%
Calcium 8mg		0%
Iron 0.5mg		3%
Potassium 40mg		1%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** Butter, Unbleached flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, malted barley flour), Coconut, Cane sugar, Brown cane sugar, Egg whites, Milk, Coconut extract, and Salt.

Contains Milk, Wheat, Coconut, and Eggs.  
Manufactured in a facility that processes tree nuts and soy.

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## DOUBLE CHOCOLATE CHIP COOKIES

### Nutrition Facts

7 servings per container  
Serving Size 2 cookies (28g/1oz)

Amount per serving		
<b>Calories</b>	<b>140</b>	
	% Daily Value*	
Total Fat 8g	16%	
Saturated Fat 4.5g	23%	
Trans Fat 0g		
Cholesterol 25mg	8%	
Sodium 160mg	7%	
Total Carbohydrate 17g	6%	
Dietary Fiber 1g	4%	
Total Sugars 12g		
Includes 12g Added Sugars	24%	
<b>Protein 2g</b>		

Vit. D 0.1mcg 0% • Calcium 20mg 0%  
Iron 1.5mg 8% • Potas. 110mg 2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** Semi-sweet chocolate chips (sugar, chocolate liquor, cocoa butter, milk fat, soy lecithin [an emulsifier], vanilla, natural flavor), Butter, Unbleached flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, enriched barley flour), Cane sugar, Brown cane sugar, Eggs, Cocoa powder, Salt, Baking soda, and Natural vanilla flavor.

Contains Wheat, Milk, Eggs, and Soy.  
Manufactured in a facility that processes tree nuts.

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## OATMEAL RAISIN COOKIES

### Nutrition Facts

7 servings per container  
Serving Size 2 cookies (28g/1oz)

Amount per serving		
<b>Calories</b>	<b>130</b>	
	% Daily Value*	
Total Fat 5g	7%	
Saturated Fat 3g	15%	
Trans Fat 0g		
Cholesterol 20mg	6%	
Sodium 125mg	5%	
Total Carbohydrate 19g	7%	
Dietary Fiber less than 1g	3%	
Total Sugars 11g		
Includes 8g Added Sugars	16%	
<b>Protein 2g</b>		

Vit. D 0mcg 0% • Calcium 20mg 0%  
Iron 0.7mg 4% • Potas. 70mg 0%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** Butter, Unbleached flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, malted barley flour), Oats, Brown cane sugar, Cane sugar, Raisins, Eggs, Milk, Salt, Baking soda, Natural vanilla flavor, and Citric Acid.

Contains Milk, Wheat, and Eggs.  
Manufactured in a facility that processes tree nuts and soy.

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## WALNUT CHOCOLATE CHIP COOKIES

### Nutrition Facts

7 servings per container  
Serving Size 2 cookies (28g/1oz)

Amount per serving		
<b>Calories</b>	<b>150</b>	
	% Daily Value*	
Total Fat 8g	11%	
Saturated Fat 4g	21%	
Trans Fat 0g		
Cholesterol 20mg	7%	
Sodium 140mg	6%	
Total Carbohydrate 18g	6%	
Dietary Fiber less than 1g	3%	
Total Sugars 11g		
Includes 11g Added Sugars	21%	
<b>Protein 2g</b>		

Vit. D 0.1mcg 0% • Calcium 20mg 0%  
Iron 0.9mg 4% • Potas. 60mg 0%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** Semi-sweet chocolate chips (sugar, chocolate liquor, cocoa butter, milk fat, soy lecithin [an emulsifier], vanilla, natural flavor), Unbleached flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, malted barley flour), Butter, Cane sugar, Brown cane sugar, Walnuts, Eggs, Baking soda, Salt, and Natural vanilla flavor.

Contains Wheat, Milk, Walnuts, Eggs and Soy.  
Manufactured in a facility that processes tree nuts.

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## WHITE CHOCOLATE MACADAMIA NUT COOKIES

### Nutrition Facts

7 servings per container  
Serving Size 2 cookies (28g/1oz)

Amount per serving		
<b>Calories</b>	<b>150</b>	
	% Daily Value*	
Total Fat 8g	12%	
Saturated Fat 4.5g	22%	
Trans Fat 0g		
Cholesterol 20mg	7%	
Sodium 140mg	6%	
Total Carbohydrate 19g	6%	
Dietary Fiber 0g	0%	
Total Sugars 12g		
Includes 11g Added Sugars	22%	
<b>Protein 2g</b>		

Vit. D 0.1mcg 0% • Calcium 20mg 0%  
Iron 0.5mg 2% • Potas. 30mg 0%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** White chocolate chips (sugar, cocoa butter, dry whole milk, soy lecithin [an emulsifier], and vanilla), Unbleached flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, malted barley flour), Butter, Cane sugar, Brown cane sugar, Macadamia nuts, Eggs, Salt, Baking soda, and Natural vanilla flavor.

Contains Wheat, Milk, Macadamia Nuts, Eggs, and Soy.  
Manufactured in a facility that processes tree nuts.

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# Gluten Free Cookies

